

YOUR SAFETY

Is Our Number One Priority

COVID-19 INFORMATION FOR HOME DIALYSIS PATIENTS

At Somatus our top priority is the health and safety of our patients. We are actively monitoring the COVID-19 situation and strictly adhering to the guidance coming from the Centers for Disease Control and Prevention to ensure that we continue to provide high-quality care, support, and guidance for our patients.

Important Information for Home Dialysis Patients

SAVE YOUR PROTECTIVE GEAR FOR YOUR TREATMENTS

It is not recommended to share your masks or gloves with others. Use them for your treatments. Check your supplies to ensure that you have enough protective gear to perform safe home treatments. If you are experiencing any disruptions in receiving supplies, contact your dialysis supplier and/or the dialysis unit that oversees your care. Try to use one mask per day. In between uses, place the mask in a paper bag. Do not use your mask if it's visibly soiled, damp, ripped, or punctured in any way.

FOLLOW PREVENTIVE MEASURES AND GUIDANCE

The Centers for Disease Control and Prevention are continuing to put out guidance regarding COVID-19. Go to www.cdc.gov/coronavirus to stay up-to-date.



Personal hygiene

Wash your hands thoroughly and often, for at least 20 seconds, with soap and water. If you are going into a public setting, wear a face covering. Cover coughs and sneezes with a tissue and dispose of the tissue in a trash can and wash your hands. If a tissue is not readily available, cough/sneeze into your elbow. Avoid touching your face, especially your eyes, nose, and mouth. Avoid shaking hands and touching surfaces in public places like elevator buttons, door handles, and handrails.



Household hygiene

Clean and disinfect items and surfaces you touch often like doorknobs, light switches, faucets, TV remotes, and cell phones.



Physical distancing

Keep 6 feet of physical distance from people to prevent the virus from transferring to one another. Physical distancing does not mean isolate yourself! Keep in touch with your family and loved ones through phone, web chat, email and social media. If you have a yard, go outside to get fresh air.

INFORM YOUR DIALYSIS UNIT IMMEDIATELY IF YOU ARE NOT FEELING WELL

If you are not feeling well or have any symptoms such as a fever, cough, sore throat, shortness of breath, muscle aches, fatigue, headache, and/or diarrhea alert your dialysis unit, nephrologist, and primary care provider immediately.

If You Need to go to Your Dialysis Facility

Ensure that your dialysis facility team is taking the necessary precautions including:

- Screening patients for fever or breathing/respiratory symptoms before entering
- Ensuring proper use of personal protection equipment (PPE) including face masks, gloves, respirators, etc.
- Ensuring proper hand hygiene
- Separating those who are sick from others
- Staff should not be reporting to work if they are ill



We are here to support you

If you have questions or concerns,
talk to a member of your Somatus care team or call 571.992.0600.

Sources:

Center for Disease Control and Prevention: www.cdc.gov/coronavirus

American Association of Kidney Patients: www.aakp.org

National Kidney Foundation: www.kidney.org/covid-19