

YOUR SAFETY Is Our Number One Priority

COVID-19 INFORMATION FOR IN-CENTER HEMODIALYSIS PATIENTS

At Somatus our top priority is the health and safety of our patients. We are actively monitoring the COVID-19 situation and strictly adhering to the guidance coming from the Centers for Disease Control and Prevention to ensure that we continue to provide high-quality care, support, and guidance for our patients.

Important Information for In-Center Hemodialysis Patients

YOU MUST KEEP GOING TO TREATMENT

Missing even one treatment can be very harmful to your health. If your health deteriorates it puts you at even higher risk for serious illness. Put your treatment schedule at the top of your priorities.

INFORM YOUR DIALYSIS UNIT IMMEDIATELY IF YOU ARE NOT FEELING WELL

If you are not feeling well or have any symptoms such as a fever, cough, sore throat, shortness of breath, muscle aches, fatigue, headache, and/or diarrhea alert your dialysis unit, nephrologist, and primary care provider immediately.

PLAN AHEAD



Transportation

If you typically use a transportation service to get to your dialysis facility, confirm with them at least 24 hours prior to your scheduled pick-up that they are still providing transportation. Many businesses have been affected and it's important to make alternate arrangements as soon as possible. If your normal method of transportation is canceled, contact your Somatus group manager immediately. If your dialysis center can not help, call a member of your Somatus care team.



Medications and supplies

Make sure you have access to several weeks of medications and supplies.

FOLLOW PREVENTIVE MEASURES AND GUIDANCE

The Centers for Disease Control and Prevention are continuing to put out guidance regarding COVID-19. Go to www.cdc.gov/coronavirus to stay up-to-date.



Personal hygiene

Wash your hands thoroughly and often, for at least 20 seconds, with soap and water. If you are going into a public setting, wear a face covering. Cover coughs and sneezes with a tissue and dispose of the tissue in a trash can and wash your hands. If a tissue is not readily available, cough/sneeze into your elbow. Avoid touching your face, especially your eyes, nose, and mouth. Avoid shaking hands and touching surfaces in public places like elevator buttons, door handles, and handrails.



Household hygiene

Clean and disinfect items and surfaces you touch often like doorknobs, light switches, faucets, TV remotes, and cell phones.



Physical distancing

Keep 6 feet of physical distance from people to prevent the virus from transferring to one another. Physical distancing does not mean isolate yourself! Keep in touch with your family and loved ones through phone, web chat, email and social media. If you have a yard, go outside to get fresh air.

Extra Precautions to Ensure Your Safety During Treatment

The Somatus in-center dialysis care team is taking a number of precautions including:

- Screening patients for fever or breathing/respiratory symptoms before entering
- Ensuring proper use of personal protection equipment (PPE) including face masks, gloves, respirators, etc.
- Ensuring proper hand hygiene
- Separating those who are sick from others
- Staff should not be reporting to work if they are ill



We are here to support you

If you have questions or concerns,
talk to a member of your Somatus care team or call 571.992.0600.

Sources:

Center for Disease Control and Prevention: www.cdc.gov/coronavirus

American Association of Kidney Patients: www.aakp.org

National Kidney Foundation: www.kidney.org/covid-19